

In response to the report on Children and Young People’s (CYP) Mental Health and Emotional Wellbeing presented in December 2023, members of the Health and Wellbeing Board (HWB) requested additional information regarding CYP online mental health support service usage data, specifically focusing on the East Lindsey area.

**Data Response**

The following information covers the time period of 1<sup>st</sup> October 2022 to 30<sup>th</sup> September 2023, otherwise referred to as the “time period”, and includes data provided to the council by Kooth Digital Health Limited.

Figure 1 displays the number and percentage breakdown of Lincolnshire CYP who registered on the platform during the time period, categorised by their known sublocation. Of the 2,232 total new CYP registrations, 13.5% (301) resided in East Lindsey, which is 16% of those whose sublocation is known.

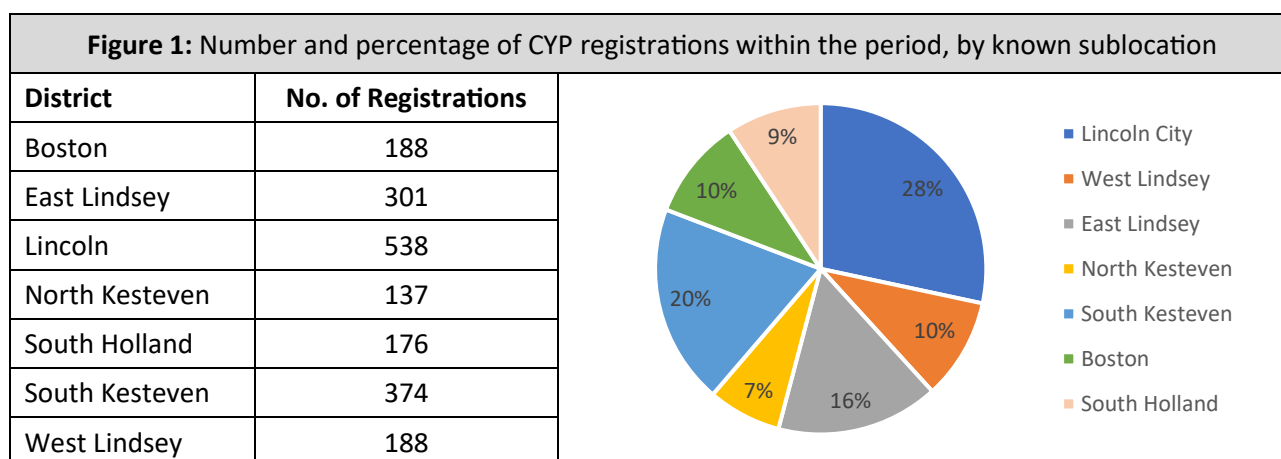


Figure 2 illustrates the distribution of Kooth’s contract delivery support hours based on known sublocations. During the time period, Kooth provided 5,711 hours of support. Notably, 10% of these hours (565 hours) were utilised by CYP living in East Lindsey, which is 14% of those support hours where sublocation is known. However, due to the anonymous nature of the platform, it is possible that a larger number of CYP living in East Lindsey accessed support without disclosing their location; sublocation was unknown for 29.6% of total contract delivery support hours.

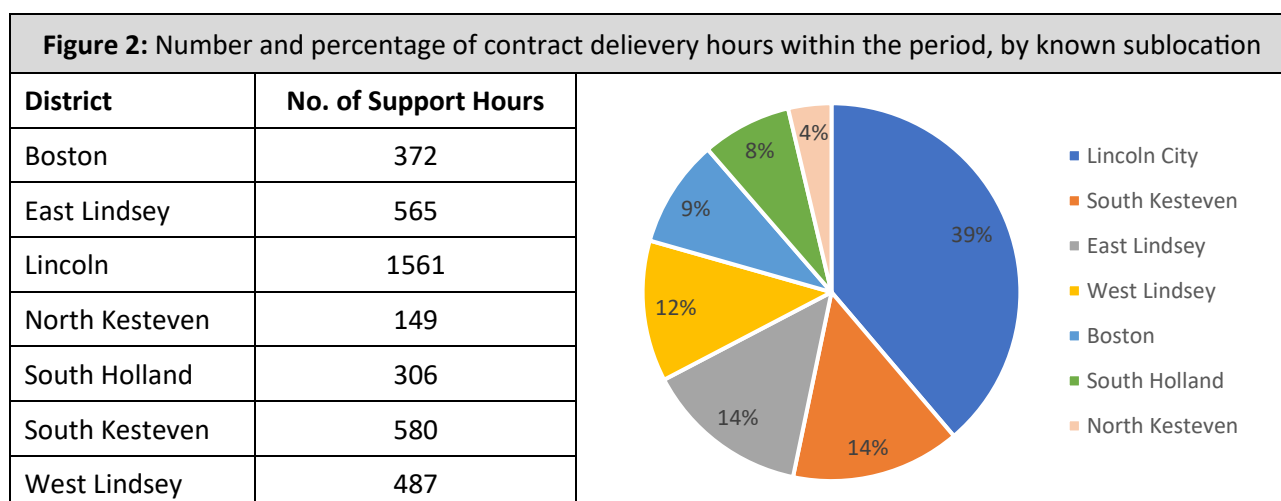


Figure 3 depicts the primary presenting issues faced by Lincolnshire CYP accessing support from Kooth, categorised by known sublocation. Notably, in the East Lindsey region, suicidal ideation emerged as the most prevalent reason for seeking support, followed by anxiety/stress and self-harm.

